



25 REASONS WHY

OVERVIEW: The 25 Reasons Why exercise will help you uncover the top reasons why a particular goal or accomplishment is an absolute non-negotiable for you to achieve.

INSTRUCTIONS: Pick a non-negotiable goal or accomplishment for yourself. This could be related to your career, earnings, education, or personal relationships, among other things. Next, list the 25 reasons why accomplishing this goal is a non-negotiable for you.

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|----------|----------|
| 1 _____ | 14 _____ |
| 2 _____ | 15 _____ |
| 3 _____ | 16 _____ |
| 4 _____ | 17 _____ |
| 5 _____ | 18 _____ |
| 6 _____ | 19 _____ |
| 7 _____ | 20 _____ |
| 8 _____ | 21 _____ |
| 9 _____ | 22 _____ |
| 10 _____ | 23 _____ |
| 11 _____ | 24 _____ |
| 12 _____ | 25 _____ |
| 13 _____ | |